



Flow
Lomi Lomi Massage
Hayley Peck

Moçambique: 825 290 746

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Lomi Lomi is a sacred healing massage which originated in Polynesia and which has been passed down by Hawaiian Master Healers for generations.

Holistic and nurturing in its nature Lomi Lomi works to release tension and stress, not only on a physical level but also on mental, emotional and spiritual levels. This allows the client to relax, let go and experience the profound healing effects of this unique massage . Hayley works intuitively with the body's energy flow to release blockages and give energy a new direction. This helps to restore balance and harmony on all levels of your being.

Hayley moves with continuous flowing strokes up, down, over and under the full body using her hands and forearms. Clients often describe this sensation as gentle waves moving over the body in a rhythmic and fluid motion.

Lomi Lomi is unique as different parts of the body may be massaged simultaneously; for example one hand or forearm may be working on the shoulder while the other hand or forearm is moving across the lower back and hip. This allows the client to surrender and completely relax. While no two massages are the same the client can be sure to feel blissfully relaxed and renewed, with the healing effects lasting long after completion of the massage.



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Experience the healing of Flow Massage